

Fashions

HER PAGE



Household



Problems

Sister Mary's KITCHEN

In the kitchen of her own home Sister Mary cooks daily for a family of four adults. She brought to her kitchen an understanding of the chemistry of cooking gained from study of domestic science in a state university. Consequently the advice she offers is a happy combination of theory and practice. Every recipe she gives is her own, first tried out and served at her family table.

Whenever it is necessary to use hot water for cooking or making tea, freshly boiled water will give much better results than water taken from the hot water pipes. In the average house the water in the hot water tank stands for at least 24 hours without an entire change. To be sure fresh water does refill the tank from time to time, but it is not fresh as the water in the cold water pipes.

Menu for Tomorrow
BREAKFAST—Baked apple, sugar and cream, bran muffins, grapefruit, marmalade, coffee.
LUNCHEON—Corn fritters, sirup, pineapple and cheese salad, toasted crackers, tea.

DINNER—Stuffed cabbage, stewed dried lima beans, tomato jelly salad, squash pie, coffee.

My Own Recipes
There is more than one reason for serving sugar and cream with baked apple. The cream furnishes a richness to both taste and nourishment. Cut down on the allowance of meat and use real cream once in a while. A thin family should increase the amount of fat in its diet and there is no better way to do it than by eating cream on things. It is not extravagant.

STUFFED CABBAGE
1 cup boiled rice
1 onion
1 cup cold beef or mutton
1/2 cup cooked celery
1/2 cup bread crumbs
salt and pepper
1 medium-sized head cabbage
Boil cabbage in salt and water for 30 minutes. Drain. Open the outer leaves and remove heart. Chop heart very finely. Chop onion and fry in butter till a light straw color. Mix all ingredients with chopped heart. Fill cabbage with stuffing, tie in a piece of cheesecloth and stew for an hour in beef broth or salted water. Remove cloth and serve with lemon egg sauce.

LEMON EGG SAUCE
4 tablespoons butter
4 tablespoons flour
1 1/2 cups hot water
1/2 teaspoon salt
1/4 teaspoon pepper
1 tablespoon lemon juice
1 egg yolk
Melt butter, add flour, salt and pepper and slowly add water, stirring constantly. Let boil 3 minutes while stirring, adding lemon juice drop by drop. Add egg yolk well beaten.

Don't rhyme "work" with "work." The old English "chirk"—consult Mr. Webster—is better.

Mary

Confessions of a Bride

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THE BOOK OF MARTHA
Conscience Dies When A Man Gives Nothing and Demands the Best
"You heard what I said about our savings accounts?" Martha asked.
"You and Ewart are competing."
"Later, for six months at least, I've been doing all the saving."
"I don't quite see why that should make you so wretched."
"I've learned—to doubt—my husband's word!"

"O-h-h-h Impossible!" It seemed to me that I groaned rather than pronounced the word. Certainly I had never heard such a shocking accusation fall from the lips of a wife! If what Martha said was true, she must be enduring the supreme agony of her life! I could barely grasp the horror of her situation. I pried words on words of comfort, became incoherent, while Martha remained quite calm.

"I'd die—if Bob ever told me a lie!" I concluded.

"No—you'd want to, but you couldn't, Jane."

"Martha, you must be mistaken about Ewart. Why, of all our friends, he's appeared to me to be the most—most respectable! That's the only word to describe him! Why do you accuse him so?"

"He no longer discusses our personal affairs as if they were of any importance to him. You settle it to suit your-

self, Martha," she says. As if I cared for anything except to suit him! He no longer calls my attention to his personal economies. He doesn't dare for he isn't saving a cent! But he takes good care to find out about my financial affairs every month! While I never ask him where one penny of his own money goes to! He's so sensitive! I couldn't bear to hurt him!"

I ventured:
"Maybe he's buying stocks or bonds to surprise you!"

"No—he's so proud—he couldn't keep from telling me!"

I was a little confused. Her husband was proud and sensitive—he mustn't be hurt—but he could hurt her! He mustn't be held to ordinary standards of justice! That seemed to be Martha's version of her husband's temperament.

Of course I had known that there are scamps in the world, hypocrites who pose as the soul of integrity, but I had never tried to imagine what it would mean to a fine girl like Martha to be tied by the marriage bond to a man who was a rascal.

Suddenly my dear newly-weds, Deb and Ted, flashed into my mind. They were on the same plane of ethics when they married. They possessed a community of tastes and interests rather than of passion.

What a contrast they were to Martha and Ewart Palmer, who had been so fondly in love with each other when they were married, who had let themselves go with the fierce feror of a romantic attachment, but had been separated from the beginning by their different ideals of integrity!

We Lorimer's had often commented on the perfection of their married life. They were so congenial, so devoted, etc. I suppose Ewart meant to be honorable when he married Martha. Then how had he come to slum from what he certainly had intelligence enough to recognize as the perfect experience of his life?

How had he dared to assume that to Martha should apply all the ancient and modern rules about marriage, and to himself, no rules at all when he "thought best" to break them?

A man who could assume that, when his wife was giving him the best that was in her, must be quite dead to the inner law, the law of conscience.

Ought Martha to cast him out of her heart and life?

Or ought she to make an effort to reclaim him?

"Waste love! Squander it upon your husband," she had advised me.

Would she take her own advice?

(To Be Continued)

HISTORY OF 4TH DIVISION

While in Germany, twenty thousand officers and men of the 4th division (regular army) joined in a fund to pay for the compilation and printing of the inside history of that unit. The book which was begun in Germany, is just being issued from the press. All officers and men, who subscribed will be given a copy of the history. A copy will be presented free of charge to the nearest relative of each member of the division, who gave his life in France.

The book contains many photographs and five maps, illustrations by Leon Debo, noted American Landscape artist, intimate records and first hand material not to be found elsewhere. Inquiries regarding the book should be addressed to the commanding General, 4th Division, Camp Lewis, Washington.

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HAS THE WOMAN WITH A "PAST" A RIGHT TO A HAPPY FUTURE

LETTERS RECEIVED BY ACTRESS WHO PORTRAYS SUCH A WOMAN SHOW MEN MORE LENIENT THAN WOMEN

New York—Has the woman with a "past" the right to marry?
Has the girl who has sinned against society and herself the right to become the wife of some man who believes in her and the mother of his children? If he is ignorant of the mistakes she is justified in keeping him so in order to cure her own happiness? And if he finds out and is broad enough to wipe the girl's "past" from the slate of his remembrance, has this girl the right to accept his sacrifice?

These are some of the questions which Florence Reed has to decide in her portrayal of Irene Moreland, the heroine of "The Mirage," the new play which has aroused such great interest on Broadway. This is the situation which has stirred hundreds who have seen "The Mirage," to write it's author a strange medley of strange protests and approbation. These letters are a keen commentary on the divergent ideas of men and women for almost always the male writer is ready to forgive Rene her "past."

Women Merciless
The men who see the play want her suffering wiped out with an immediate happiness in the protection of the man she loves. The women in Miss Reed's great audience are less pitiful to their sister. They have proven themselves rather merciless in their demand that she expiate her sin; that she "pay to the utmost farthing." They agree with Rene herself that she should first make herself "fit" to be "a good man's wife."

"Quite so," comes the honest chuckle of the men. "But first find the 'good'



ADVENTURES OF THE TWINS

by Olive Roberts Barker

WASP RUNS AWAY

"Ha, Ha!" mocked Wasp Weasel over his shoulder as he ran for the door of the Meadow Grove school after he had swallowed the charm that the Magical Mushroom had left the twins. "Now Miss Nancy cannot teach us any more singing which I hate so, and best of all, I may play truant whenever I like, for Mr. Nick cannot talk weasel language any more and so can't tell my parents when I am away. Hurray!"

It was all he had time to say, for Scribble Scratch, the fairy schoolmaster was after him with a bound.

"Hey there! Stop I say!" he cried.

But the only answer he got was a mocking laugh, as Wasp Weasel (or Easy Ermine as he called himself after he turned so white in the winter) kicked a pair of clean heels in the distance.

Of course the twins had not understood a single word the naughty weasel boy had said, but Scribble Scratch explained it all in a troubled tone. "We'll



"Our green shoes!" he cried. "We can wish ourselves after Wasp right away and get our charm back."

have to get your charm back some way," he said, "because school isn't over until next week, and how can I get along without help? Are you sure you don't understand what the creatures say?"

Just then the Otter boy asked for a drink and Ben Bunny, Jr. said could he please get his ear-muffs, as his ears were cold. The twins couldn't understand a word! Yes, they were sure now.

"If only Mr. Magical Mushroom would come back himself," sighed Nancy. "That would be better even than having his charm. As long as he's around we can understand everything."

"Oh, there's no use wishing," said Nick impatiently. Suddenly he felt a tugging at his foot.

"Our Green Shoes!" he cried. "We can wish ourselves after Wasp right away and get our charm back."

CLEANED KNIFE ON A REMBRANDT
BERLIN.—The bolshevist Babotchi Golos publishes a lament on vandalism from which the great Russian galleries have suffered. About two dozen precious Teniers and Rembrandts, it says, were stolen from the hermitage gallery when the contents of the gallery were being packed for removal in the summer of 1917.

These pictures had been sold to dealers whose shops were plundered by bolshevist commissaries and other functionaries. These resold the pictures which gradually disappeared. Recently in a rubbish shop was discovered a Teniers, taken from the hermitage, which the shopkeeper had cut all round to make fit a frame. In a peasant's hut, near Moscow was discovered the "Head of a Woman" by Rembrandt. The frame was gone, the picture was cracked and torn, and the peasant's wife had used the back of the canvas for cleaning knives—London Times.

WHAT WOULD 'GENE FIELD SAY?
Without being either captious or flippant toward the proposal to erect a marble statue of Eugene Field in Chicago, we cannot help regretting the impossibility of getting from Field himself one of his characteristic observations upon it.—Harvey's Weekly.

The next eclipse of the sun to be visible in the United States will occur in 1923.

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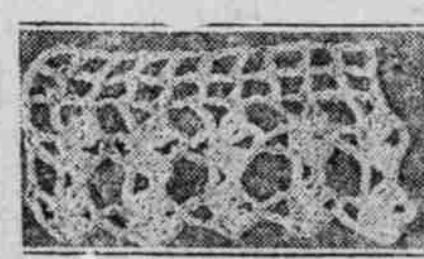
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Lace Patterns—A New Design Every Week

FILET STITCHES
Chain Stitch—The thread drawn through the loop.
Open Mesh—A double crochet into the chain or the material; two chain stitches and a double crochet.
Closed Mesh—Four double crochet stitches into a chain or material.
Turn—Five chain stitches to turn. If your pattern calls for 16 stitches—chain 21 and double crochet into the seventh stitch from the needle.

NARROW EDGING



This pattern makes an attractive edging for towels and pillow cases.
Chain 16 stitches and turn.
Second row—Two open meshes, 4 chain stitches, double crochet into the 3rd stitch from the last mesh. Chain 2 and double crochet again into the same stitch. Chain 4 and double crochet into the last stitch, chain 2 and

double crochet into the same stitch, chain 3 and turn.

Third row—Double crochet 3 times into the space made by the 2 chain stitches in the previous row. Chain 3 and double crochet 3 more times into the same space. Double crochet 3 times into the next space, 3 chain stitches and 3 more double crochet stitches into the same space. Double crochet into the first double crochet of the first open mesh. Make 2 open meshes and turn.
Fourth row—Same as second, only crocheting into the spaces made on the previous row.
Fifth row—Same as third row, etc.

WOODEN HANDBAGS

REACH NEW YORK
There are many novelties in bags to be found in the shops. Among them is a bag that resembles a Chinese lantern, of gaily colored silk and trimmed with ivory. However, the newest bags are of wood, particularly shellacked sandalwood. They consist of two pieces of the smooth wood held together with leather.

THEN AND NOW
1618—Indians sold Manhattan Island for a keg of whiskey.
1920—Citizens want to trade back. Detroit News.

FAR FROM THANKLESS
"Don't you find writing a thankless job?"
"On the contrary, everything I write is returned to me with thanks."—Fleegende Blaetter (Munich).

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